



PERSONAL TRAINING- PRICES

PILATES

Mat 1:1:
(60 mins)
£45

Mat Duet:
(60 mins)
£70 (£35pp)

Mat Group (max 4):
(60 mins)
£100 (£25pp)

Reformer 1:1:
(60 mins)
£55

Reformer Duet:
(60 mins)
£100 (£50pp)

Reformer Group (max 4):
(60 mins)
£180 (£45pp)

FITNESS

Single 1:1:
(60 mins) per session
£45
6 x bundle offer: £210pp. £35/session.
12 x bundle offer: £300pp. £25/session.

Duet:
(60 mins) per session
£35
6 bundle offer: £150pp. (£25/session)
12 bundle offer: £ 240pp. (£20/session)

Group (max 4):
(60 mins) per session
£35pp
6 bundle offer: £120pp. (£20/session)
12 bundle offer: £180pp. (£15/session)